Katherine House is a place of warmth, welcome & companionship for people of all faiths and none. A place for meeting, reflecting, searching.
Introduction to The Enneagram

Tues 9th and Wed 10th May. 10am - 4:30pm
The Enneagram is currently used as a tool for personal and spiritual growth in different contexts including the Christian context.
It gives us guidance on the inner journey to discovering more about our relationship with self, God and others.
The Enneagram offers a point of entry into deeper self-awareness which can set us on a path to greater integration.

Mary Leahy is an FCJ sister and has a particular interest in helping people come to better self awareness using the Enneagram

"As long as you live, keep learning to live"
Seneca, Greek Philosopher
Katherine House aims to provide:

- A hospitable meeting place for people of all faiths and none
- A quiet space for prayer and reflection, for individuals and groups
- A programme of events, including retreats, quiet days and short conferences
- A place where people can run their own residential or day events

**General Information for House Events**

We are happy to welcome you to Katherine House.

Half an hour before the start of an event we will have coffee brewing and you can help yourself to tea, coffee and biscuits.

For day events, please bring a packed lunch and eat together in our dining room.

The suggested donation for attending an event is usually £5 (for morning/afternoon/evening sessions) or £15 (all-day). Cost should not stop you attending - please give what you can afford.

**Please book in advance.** We need to know people are going to come before we ask a facilitator to travel to the house, and we need to know numbers so we can prepare for you. This also means you avoid disappointment if an event is full, and it ensures we have your details should an event need to be cancelled for any reason. If there are no bookings, an event will not go ahead. You are welcome for ring on the day to see a late booking is possible but we can’t guarantee it.

To book you can use the form on the website, email khousefcj@hotmail.com or telephone us on 0161-708 9744 or text 07428481494 giving your name and a contact number.

Our website [www.katherinehouse.org](http://www.katherinehouse.org) gives updated programme details.

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**A word from our Director, Marie**

This season we have another chance to attend Pathways into Prayer. Last May it was fully booked, and we’ve also offered it in the afternoon. We thought we’d give you workers who can’t attend in the afternoon another chance to learn about ways of praying. The course is a lovely experience, and people always say how much they enjoy it and how it enriches their faith. A real privilege to journey with folk.

Our Introduction to Christian Meditation course was very popular on Friday mornings and we are giving you a chance to attend in the light evenings in July.

I’m excited about the Introduction to the Enneagram, our two day workshop in May. I know nothing about it but have heard people find it very useful in getting to know their personality.

Join us for third Thursday evening Bible study; we’ve been having fun with the minor prophets and Matthew’s Gospel, and are ready to explore Micah and Amos.

Hope to see you soon.
Regular events at Katherine House

**Film Club**
*Third Tuesday evenings (note change)*
7:00 - 9:30pm
*Last Thursday afternoons*
1:30 - 4:00pm
Come along and watch a film and share in discussion with others afterwards.

**Day Retreats**
10.30am - 3.30pm
The retreat days are facilitated by different leaders each month in order to provide a variety of styles. Most days have some input and guidance and times of silence for quiet reflection. Different days enable different people to come along. See diary for which day.

**Bible Study**
*Third Thursday of the month*
7:00 - 9:00pm
Bible Study looks at different books and themes. Throughout our studies we see the continuity of the scriptures, trying to appreciate the people of faith who have passed them on to us and looking at how we can live the significance of that word to us today in our modern world.

*Sr Teresa Brittain is a member of the Congregation of Our Lady of Sion and has a passion for the Word of God and Jewish/Christian relations*

**Christian Meditation**
*Last Tuesday of the month*
10:30am for coffee. 11:00am start - 12:00 noon
We host a Christian Meditation Group. Each session comprises a short reading, some reflective music and twenty minutes silent meditation, concluding with a little music and a brief reading.

*Find out more about The World Community for Christian Meditation (WCCM) at www.christianmeditation.org.uk*

**Book Club**
*Last Tuesday of the month*
2:00 - 3:30pm
The group enjoy sharing well-loved books, poetry and prose. Poetry and prose happen on alternate months. If you want to share a poem please bring 10 copies. If you want to discuss a book, please read it beforehand.

*Stephen Harrington has spent most of his life teaching English in schools and universities, and enjoys nothing more than discussing poetry and prose with interested and enthusiastic people.*

**Card Making Workshop**
*Last Wednesday of the month*
1.30 - 4.00pm
Usually a full group. If you would like to join, please contact us, but because of preparation and resources we need it to be a regular group.

You are welcome to join the group for the regular monthly sessions as often as you wish.
May

3rd **Pathways into Prayer**
Wed, 3 May, 7:00 – 9:00pm (May 10th, 17th, 24th, 31st, June 7th)
Do you want to deepen your prayer life and find new ways of praying? Come along and discover a range of approaches to prayer. The course will explore: ‘What is Prayer?’... Lectio Divina... praying though art... imaginative contemplation... the Examen... and more... This course is offered by Manchester Diocese in association with Katherine House. Cost will be £30 and must be booked in advance. Bookings can be made by contacting Revd Canon Alan Butler, Bishop of Manchester’s Spirituality Advisor, St Mary’s Vicarage, Rushcroft Road, High Crompton, Oldham OL2 7PP. Telephone 01706 847455, or email alanbutler@ntlworld.com

9th **Introduction to The Enneagram**
Tue, 9 May, 10:00am – 4:30pm & Wed, 10 May, 10:00am – 4:30pm
A way to grow through deeper awareness of personal giftedness and limitations.
The Enneagram (from Greek ‘ennea’ = nine and ‘gram’ = drawing) is currently used as a tool for personal and spiritual growth in different contexts, including the Christian context. It is a tool for guidance on the inner journey to discovering more about our relationship with self, God and others. It identifies basic energies which drive us. It is all about self-transformation. We can change, and it shows us how with the guidance of the Spirit. In a challenging way, it offers enlightenment as to why we so often mask our own mistakes and misconstrue the motivations of others. The Enneagram offers a point of entry into deeper self-awareness which can set us on a path to greater integration. This leads to a better understanding of ourselves and others. Mary Leahy is an FCJ sister and has a particular interest in helping people come to better self awareness using the Enneagram

10th **Pathways into Prayer**
Wed, 10 May, 7:00 – 9:00pm. Session 2

11th **Why do we think God exists? - a history of ideas**
Thurs, 11 May, 7:00 – 9:00pm Session 2

16th **Film night - “A United Kingdom”**
Tue, 16 May, 7:00 – 9:30pm
The story of King Seretse Khama of Botswana and how his loving but controversial marriage to a British white woman, Ruth Williams, put his kingdom into political and diplomatic turmoil. 1h 51min (2016)

17th **Pathways into Prayer**
Wed, 17 May, 7:00 – 9:00pm Session 3
18th  Bible Study  
Thurs, 18 May, 7:00 – 9:00pm  
“What does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?” Come and see together Micah’s message of hope and forgiveness, given in a time of great political and cultural upheaval. What does his word say to us today?  
Sr Teresa Brittain and Marie Pattison

19th  Retreat Day - Breakfast on the Beach  
Fri, 19 May, 10:30am – 3:30pm  
Spend some time with the resurrected Jesus. What do you want to say to him, what does he want to say to you? With input and times of quiet for reflection.  
Marie Pattison is director of Katherine House and loves to talk to Jesus by the sea, both in reality and in her imagination.

20th  Be Still with God  
Sat, 20 May, 10:30am – 3:30pm (coffee from 10am)  
Themed day with contemplative silence, teaching and sharing sessions. Open to all who wish for a deeper relationship with God. A time to be alone with God, together.  
Rev Mo Surrey is a Priest in the Church of England. She is a part-time hospital chaplain and is the founder of Be Still with God

24th  Pathways into Prayer  
Wed, 24 May, 7:00 – 9:00pm Session 4

25th  Film afternoon - “A United Kingdom”  
Thurs, 25 May, 1:30 – 4:00pm  
As 16th May

25th  Why do we think God exists? - a history of ideas  
Thurs, 25 May, 7:00 – 9:00pm Session 3

30th  Christian Meditation  
Tue, 30 May, 10:30am – 12:00noon. Meditation at 11:00am  

30th  Book Club - Poetry of Faith and Doubt  
Tue, 30 May, 1:30 – 3:00pm  
Members each choose a poem on the theme and introduce it to others. Bring 10 copies.

31st  Card Making  
Wed, 31 May, 1:30 – 4:00pm

31st  Pathways into Prayer  
Wed, 31 May, 7:00 – 9:00pm Session 5
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Details</th>
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</thead>
<tbody>
<tr>
<td>7th</td>
<td><strong>Pathways into Prayer</strong></td>
<td>Wed, 7 June, 7:00 – 9:00pm Session 6</td>
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<td>8th</td>
<td><strong>Why do we think God exists? - a history of ideas</strong></td>
<td>Thu, 8 June, 7:00 – 9:00pm Session 4</td>
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<td>9th</td>
<td><strong>Be Still with God</strong></td>
<td>Fri, 9 June, 7:00pm – Sun, 11 June, 3:00pm A themed weekend with contemplative silence, teaching and sharing sessions. Open to all who wish for a deeper relationship with God.</td>
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<td>15th</td>
<td><strong>Bible Study</strong></td>
<td>Thurs, 15 June, 7:00 – 9:00pm Micah Part 2. Come along even if you missed Part 1. Find out more about Micah’s message of hope and forgiveness. Sr Teresa Brittain and Marie Pattison</td>
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<td>20th</td>
<td><strong>Film Night - “Lion”</strong></td>
<td>Tue, 20 June, 7:00 – 9:30pm A five-year-old Indian boy gets lost on the streets of Calcutta, thousands of kilometres from home. He survives many challenges before being adopted by a couple in Australia. 25 years later, he sets out to find his lost family. 1h 58min (2016). Rated 12A</td>
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<tr>
<td>22nd</td>
<td><strong>Retreat Day - Come with me and rest a while.</strong></td>
<td>Thurs, 22 June, 10:30am – 3:30pm A day to rest and recharge and spend time entering into the scriptures with Jesus.</td>
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<td>27th</td>
<td><strong>Christian Meditation</strong></td>
<td>Tue, 27 June, 10:30am – 12:00noon. Meditation at 11:00am The World Community for Christian Meditation. See Regular events, page 4.</td>
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<td>27th</td>
<td><strong>Book Club - “Miss Garnett’s Angel” by Sally Vickers</strong></td>
<td>Tue, 27 June, 2:00 – 3:30pm Retired history teacher Julia Garnet's journey of self-discovery in Venice is juxtaposed with the apocryphal tale of Tobias and the Archangel Raphael, to tell a story of love, loss, miracles, and redemption... and of one woman's transformation and epiphany.</td>
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<tr>
<td>28th</td>
<td><strong>Card Making</strong></td>
<td>Wed, 28 June, 1:30 – 4:00pm</td>
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<tr>
<td>29th</td>
<td><strong>Film afternoon - “Lion”</strong></td>
<td>Thurs, 29 June, 1:30 – 4:00pm As 20th June</td>
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**July**

5th **Introduction to Christian Meditation**  
**Wed, 5 July, 7:00 – 9:00pm (also 12th, 19th, 26th July)**  
Session 1: An Introduction to Christian Meditation  
Meditation is a spiritual practice found in all the great religious traditions. In Christianity, this tradition of contemplative prayer goes back to the Jesus of the gospels and the early Christian mystics. Both practical and simple, meditation is powerfully relevant for those who want to enrich their Christian spirituality today. Each session will include DVD input, a time of meditation, readings from the spiritual classic ‘The Cloud of Unknowing’ and a chance to ask questions.  
*The World Community for Christian Meditation (WCCM) was founded by John Main, an Irish Benedictine monk. It aims to be a ‘monastery without walls’, nurturing and communicating the ancient practice of meditation in the Christian tradition for everyone. This series aims to help anyone who would like to practice meditation and wants to know how to begin. You asked us to do this in an evening after it was very popular with a Friday morning group. The sessions stand alone; you can come all of them or one of them. Barry Whitehead and Raylia Chadwick have years of experience of meditation and facilitating WCCM groups in the Manchester Area.*

11th **Retreat Day - 'I will pour my spirit on all people.'**  
**Tue, 11 July, 10:30am – 3:30pm**  
Our world is certainly going through a difficult time at present, so we need all the help we can get. The words of Jesus after his Resurrection, echo across our lives - 'Peace be with you' and 'Do not be afraid'. We need to hear these words of Jesus over and over again.  
*Sr. Cecilia Connolly is a member of the Faithful Companions of Jesus and a chaplain at Manchester Universities Catholic Chaplaincy*

12th **Introduction to Christian Meditation**  
**Wed, 12 July, 7:00 – 9:00pm**  
Session 2: The Daily Practice  
See 5th July

18th **Film Night - “Denial”**  
**Tue, 18 July, 7:00 – 9:30pm**  
Acclaimed writer and historian Deborah E. Lipstadt must battle for historical truth to prove the Holocaust actually occurred when David Irving, a renowned denier, sues her for libel. 1hr 49mins (2016) 12A

19th **Introduction to Christian Meditation**  
**Wed, 19 July, 7:00 – 9:00pm**  
Session 3: Meditation Creates Community  
See 5th July
20th  Bible Study - Parables of Jesus  
Thurs, 20 July, 7:00 – 9:00pm  
We enjoyed looking at Parables in Matthew’s Gospel so much, we thought we would look at a couple more. Come along and explore some of the short stories Jesus told.  
Marie Pattison will be stepping into Sr Teresa’s shoes and looking after Bible Study this month.

22nd  Be Still with God  
Sat, 22 July, 10:30am – 3:30pm (coffee from 10:00am)  
Themed day with contemplative silence, teaching and sharing sessions. Open to all who wish for a deeper relationship with God. A time to be alone with God, together.  
Rev Mo Surrey is a Priest in the Church of England. She is a part-time hospital chaplain and is the founder of Be Still with God

25th  Christian Meditation  
Tue, 25 July, 10:30am – 12:00noon  

25th  Book Club - Poetry of Myth and Memory  
Tue, 25 July, 2:00 – 3:30pm  
Members each choose a poem on the theme and introduce it to others. Bring 10 copies.

26th  Card Making  
Wed, 26 July, 1:30 – 4:00pm  
If you would like to join as a regular member please contact us

26th  Introduction to Christian Meditation  
Wed, 26 July, 7:00 – 9:00pm  
Session 4: Meditation for the World  See 5th July

27th  Film afternoon - “Denial”  
Thurs, 27 July, 1:30 – 4:00pm  
See 18 July

As is our custom, Katherine House will be closed for August.  
We hope you have a relaxing summer.  
We will be back in September with a new Programme of interesting talks, thought-provoking series and restful retreats.  
Details of coming events will be available on our website as they are released.
Imago Couple Workshop
(International ‘Getting the Love You Want’ Workshop)
June 25th (Sunday) & 26th (Monday) 9.30am – 5.30pm
Most people are not strangers to the pain and disillusionment of love gone awry. Yet most couples are unaware of the tremendous potential for healing and growth that already exists in their relationship. Get your journey off the ground with an Imago Couple Workshop, which has positively affected thousands of couples around the world. Guaranteed to bring more understanding, connection, compassion and joy.

Free copy of bestselling book, ‘Making Marriage Simple’ by Harville Hendrix & Helen LaKelly Hunt, originators of Imago Couple Therapy. Facilitated by Gary Janit & Jennifer Whittaker, both Psychotherapists and Imago Relationship Therapists. For further details see ‘cbttherapymanchester.co.uk’ or contact Gary on 07931721637 for an informal discussion and details about the workshop including costs etc. £350 per couple for the two days. Concession available

Katherine House is a venue for the above event. Contact Gary for details

Coming soon

24 hour Art Retreat
Fri, 29 September, 4:00pm – Sat, 30 September, 5:00pm
Discover, celebrate and learn from your own creative spark. 10 places available on this 24 hour retreat. Light simple meals provided. Donation £48 suggested. Deirdre McConnell is an art therapist who is passionate about art, God, and creating a safe space for you to explore reflections, feelings, and prayers through making art, believing everyone can be artistic even if you think you aren’t.

Stepping Stones to God
Wednesdays: 27th Sept, 4th, 11th, 18th & 25th Oct, 1st Nov, 7:00 – 9:00pm
Do you want deepen your journey of faith? The course will explore - Images of God and Self; Getting in touch with my own Faith Story; Consolation & Desolation and how to recognise them; Discernment; Decision Making; Journaling; Making a Rule of Life; Praying in times of Darkness and more...

This course is offered by Manchester Diocese in association with Katherine House. Cost will be £45 and must be booked in advance. Bookings can be made by contacting Revd Canon Alan Butler, Bishop of Manchester’s Spirituality Advisor.

Tel 01706 847455. Email alanbutler@ntlworld.com

Holy Conversations
Last Thursday of the month beginning 28 Sept, 7:00-9:00pm
Growing out of our discussions of Fr Richard Rohr’s books, a regular group will meet to talk about faith and our lived experience, prompted by a book or video. For our first three session we will be looking at Richard Rohr’s ‘The Divine Dance’
Katherine House can also be booked by groups organising their own activities. We have simple and comfortable residential accommodation for self-catering groups.

**Suggested donations for overnight stays:**
- B&B: £25 per person (incl. simple breakfast)
- 24 hour stay: £30 per person (incl. simple breakfast)

**Suggested donations for room hire:**
- For a morning, afternoon or evening £40 + £1 per person
- For a day £80 + £2 per person

For more information see [www.katherinehousefcj.org/facilities](http://www.katherinehousefcj.org/facilities)

Katherine House offers a variety of services for people needing support at different times in life. These include:

**Spiritual Direction and Person Centred Counselling**
Please contact Mary 0161 708 9394

**Play therapy / Person Centred Counselling**
for children, adolescents and adults.
Please contact Maria 0161 708 9744 or mobile 07981 754953

Do you want to deepen your prayer life?
Spiritual accompaniment has helped bring many people enrich their spiritual lives. Having someone listen and reflect with you on your relationship with God can help that relationship grow.

Get in touch with us at Katherine House and we will help you find someone to listen.

Katherine House is host to CAFOD's Salford Diocesan work.

CAFOD is the international development and humanitarian agency of the Catholic Church in England and Wales, and we work closely together to promote a faith that does justice.

If you are interested in CAFOD's work and in volunteering, please come and say hello on the first floor or contact us at

Email: salford@cafod.org.uk
Tel: 0171 705 0605.
Twitter: @CAFODSalford
TRAVEL DIRECTIONS

Travel by Car
From M60 junction 17, take A56 to Prestwich/Salford. Singleton Road runs between the A56 (Bury New Road) and the A665 (Bury Old Road), just south of the border between Salford and Prestwich. Limited parking in the grounds, but no parking restrictions on Singleton Rd.

Public Transport
Buses along Bury New Road stop at Moor Lane (2 mins walk from Katherine House). X43/44 Manchester/Burnley “Witchway” and X40/41 Manchester/Blackburn “Lancashire Way”; both leave from Chorlton Street (8mins walk from Manchester Piccadilly) and stop on Deansgate in Manchester city centre (9 mins from Manchester Victoria). 96 & 98 leave from Manchester Victoria Station or Shudehill Bus station to Bury.

Buses along Bury Old Road stop at Singleton Rd (10 mins walk from Katherine House), including service 135 Manchester/Bury

Katherine House is a small Christian conference centre. It is owned and run by the Faithful Companions of Jesus (FCJ), an international Congregation of Catholic Sisters, Registered Charity No. 285239

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